



breathefree

F O R K I D S

Children exposed to secondhand smoke have more ear infections, colds, and asthma.

Do you take care of children whose parents report smoking in or around the home?

Breathe Free For Kids can help.

Our program works with families to develop a plan to make their home smoke-free.

Who is eligible to participate?

- Families in Boston, Lawrence and Worcester with a child birth to age 5
- Regular smoking is reported in or around the home, including attached patio/porch, hallway or stairwell

What are the benefits for families?

Meet with a Community Health Worker (CHW) to learn about secondhand smoke (SHS) in the home and receive \$80.00 in gift cards to complete the program.

What happens for families enrolled in program?

Study Start

- A short survey, a saliva sample, and 2 nicotine monitors are placed in the home (45 min) with a follow-up 1 week later to pick up the monitors and provide SHS education and the first incentive of \$30.00 (10 min).

Intervention

- Half of the enrolled families will discuss current smoking in the home, develop a plan to reduce SHS (30 min) and receive two follow-up phone calls (20 min).

Study Completion (6 month follow-up)

- The Study Start visits are repeated and a final incentive of \$50.00 is provided.

Total time of family participation = 2-3 hours

What can you do?

To refer families, request materials, or learn more about our program, please contact:

Robyn Keske, MSW, MPH (Project Director)

Phone: 617-998-8817

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Please fax the attached Referral Form to: 617-495-8543

Breathe Free for Kids is currently enrolling families in Boston, Lawrence and Worcester. This program is being conducted by Harvard School of Public Health in collaboration with Community Partners: Boston Alliance for Community Health, Lawrence Mayor's Health Task Force and Common Pathways, Worcester.

