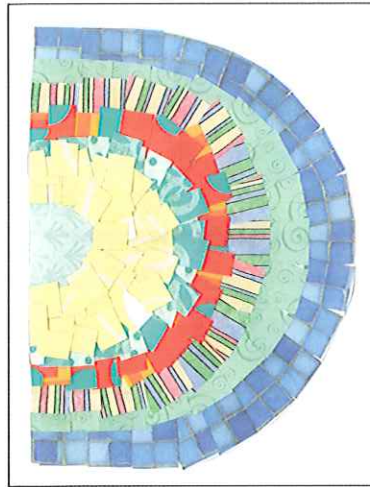




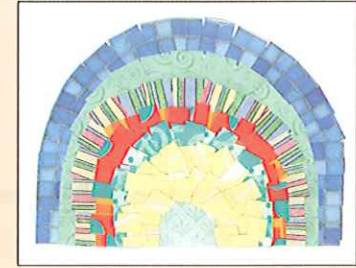
Change is a Process
Connection a Skill
You, Me, Them...

Let's Get Started

Visiting Counselor teaches others how to change behaviors through understanding, relationship and skill building. This is an educationally based service for those working with the under five crowd and their families. The approach is hopeful, concrete, and effective.



Dee Beach, LMHC
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VISITING
COUNSELOR

EARLY CHILDHOOD MENTAL
HEALTH CONSULTANT



DEE BEACH, NCC, LMHC

Dee is the founder and owner of Visiting Counselor. Her agency began as a response to the increasingly distressful behaviors and circumstances of very young children, families, early childhood educators, and family workers.

There is a need to teach those who work with young children and their families how to solve the problems and get back on the track to social/emotional wellness.

- Concrete Strategies for school and home
- Customized materials & how to make your own
- How to involve families
- Educator & Director support

Dee has been a mental health consultant for Head Start for 12 years. She was also a Special Needs Consultant for a R&R and a primary child therapist at a community based agency for at-risk children and families. Dee is an approved EEC trainer and a playful person.

A serious subject with a creative approach!



WHAT CAN VISITING COUNSELOR DO FOR YOU?

IT ONLY TAKES ONE OR TWO CHILDREN WITH CHALLENGING BEHAVIORS TO THROW OFF YOUR WHOLE CLASS!

This is the process Visiting Counselor uses:

- Observe the child and classroom
- Meet with the staff and families
- Make an action plan that effectively resolves the problems
- The Program and Families do the ACTION PLAN
- Follow up until we get success!

We will meld developmental, social, and emotional information with ideas based in the arts and play to facilitate change and growth.

Puppets. Murals. Themes. Play. Music. Story. Dance. Visuals. Sensory. Relaxation. Choices.

SKILLS SKILLS SKILLS SKILLS SKILLS

- Infant, Toddler, Preschool Specialty
- Classrooms that support social/emotional growth
- Scaffolding for successful play and regulation
- Regulation activities for the intense child
- Bully, bully, who helps the bully?
- Connections with Families
- Value of standardized social/emotional screening tools in the Program and with Families
- Leadership Support

- Teacher TeamWork as it affects the children
- Staff stress: Can we relax and laugh?
- Limit setting with children and families
- Customized Workshops
- Partnerships, collaborations, referrals & public schools.



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